

"Daughter, You Are Healed" Affirmation Card Deck

12 scripture-based declaration cards to renew your mind and replace the enemy's lies with God's truth about your identity and worth. Print. Cut. Declare.

HOW TO USE YOUR CARDS — 3 SIMPLE STEPS

1 Print & cut your 12 cards

Print on cardstock for best results. Cut along the borders. Keep them at your bedside, mirror, or tucked in your Bible.

2 Choose one card each morning

Pick the card that speaks to what you're facing today. Read the lie it targets — then read God's truth aloud over yourself.

3 Declare it out loud 3 times

Say the declaration with your name inserted. Example: "I, [Your Name], am healed, whole, and worthy because God says so." Speak it. Mean it. Receive it.

SAMPLE CARDS FROM YOUR DECK

Lie: "I'm too broken"

"He heals the brokenhearted and binds up their wounds."

Psalm 147:3

Lie: "I have no purpose"

"For I know the plans I have for you — plans to give you a hope and a future."

Jer. 29:11

Lie: "I'm not enough"

"I am fearfully and wonderfully made. His works are wonderful."

Psalm 139:14

Lie: "I'm unlovable"

"I have loved you with an everlasting love and drawn you with kindness."

Jer. 31:3

Lie: "I'll never be free"

"So if the Son sets you free, you will be free indeed."

John 8:36

Lie: "I'm defined by my past"

"The old has gone, the new is here. You are a new creation in Christ."

2 Cor. 5:17

Quick-start tip:

Don't wait until you feel it to declare it. Faith comes by hearing — even your own voice speaking God's Word over yourself. Healing begins in the mouth before it arrives in the heart. Pick one card today and start there.

"Daughter, You Are Healed" — All 12 Declaration Cards

Print on cardstock • Cut along borders • Declare God's truth daily

Lie: "I'm too broken"

"He heals the brokenhearted and binds up their wounds."

Psalm 147:3

DECLARE:

I am not too broken for God. He is my healer and restorer.

Lie: "I have no purpose"

"For I know the plans I have for you — plans for a hope and a future."

Jeremiah 29:11

DECLARE:

I have a God-given purpose. He has good plans designed just for me.

Lie: "I'm not enough"

"I am fearfully and wonderfully made. His works are wonderful."

Psalm 139:14

DECLARE:

I am enough because God made me. I am His wonderful work.

Lie: "I'm unlovable"

"I have loved you with an everlasting love and drawn you with loving kindness."

Jeremiah 31:3

DECLARE:

I am deeply loved by God with a love that will never end.

Lie: "I'll never be free"

"So if the Son sets you free, you will be free indeed."

John 8:36

DECLARE:

I am free. Jesus has already paid the price for my freedom.

Lie: "I'm defined by my past"

"The old has gone, the new is here — I am a new creation in Christ."

2 Corinthians 5:17

DECLARE:

My past does not define me. I am made new in Jesus Christ.

Lie: "God has forgotten me"

"Can a mother forget her child? I will not forget you. See, I have engraved you."

Isaiah 49:15-16

DECLARE:

God has not forgotten me. My name is written on His hands.

Lie: "I am worthless"

"You were bought at a price. You are of great worth to the living God."

1 Corinthians 6:20

DECLARE:

I am priceless. God sent His Son because I am worth it to Him.

Lie: "I can't be forgiven"

"As far as the east is from the west, so far has He removed my sins from me."

Psalm 103:12

DECLARE:

I am fully forgiven. God has removed my sins completely.

Lie: "I am alone"

"I will never leave you nor forsake you. I am with you always."

Hebrews 13:5

DECLARE:

I am never alone. God is with me every single moment.

Lie: "I'm too weak"

"I can do all things through Christ who strengthens me. His power is made perfect."

Philippians 4:13

DECLARE:

I am strong in the Lord. His strength is made perfect in my weakness.

Lie: "I don't deserve healing"

"By His wounds I have been healed. He took my pain upon Himself."

1 Peter 2:24

DECLARE:

I deserve healing because Jesus already paid for it on the cross.